

# 1. NIGHT RUN ZAKOPANE

Participant Limit may be adjusted based on the organizer's decision or in accordance with current epidemiological and hygiene regulations.

Rules: The run follows the rules of the World Athletics Federation (WA) and these proposals.

Key Officials:

- Event Director: Mr. Leszek Behounek
- Chief Organizer: Jozef Pukalovič
- Technical Director: Ivan Dic
- Sports Director: Tomáš Willwéber
- Chief Judge: Dag Bělák

Registration:

- Online until 16.05.2024 via .....
- In-person on Friday 17.05.2024 and Saturday 18.05.2024 from 12:00 to 18:00 in Zakopane (if the participant limit is not reached)

Before the event, check if your name is on the start list. If not, contact [registracia@becool.sk](mailto:registracia@becool.sk).

Categories: Men and Women

For Men:

- Overall
- M up to 39 years (born between 1985–2009)
- M40 – age 40–49 (born between 1975–1984)
- M50 – age 50–59 (born between 1965–1974)
- M60 – age 60 and older (born in 1964 and earlier)

For Women:

- Overall
- W up to 39 years (born between 1985–2009)
- W40 – age 40–49 (born between 1975–1984)
- W50 – age 50–59 (born between 1965–1974)
- W60 – age 60 and older (born in 1964 and earlier)

Age Limit: 15 years (participants must be 15 years old on the day of the run). For participants under 18, a legal guardian's consent is required, assuming responsibility for the runner.

Main Organizer: Zakopane City, BE COOL, s.r.o.

Date: 18.05.2024

Location: Zakopane, Poland

Event Time: 17:00 - 22:00

Main Run Start: Start/Finish – Tadeusza Kościuszki Street - 20:30

Route: 5 km

Children's Runs (18.05.2024 - 17:00) – distances 300m – 600m – 800m

Time Limit: 1 hour

Participant Limit: 3000 registered runners with paid entry. A participant is considered registered only after payment, receiving a race number, and being listed on the start list.

Entry Fee (depending on payment date):

- 65 PLN (15 €) if paid by 30.03.2024
- 80 PLN (18 €) if paid from 15.04.2024 to 18.05.2024 or directly at the event during the presentation.

Entry Fee Includes:

- Race number with name (if registered and entry fee paid by 15.04.2024),
- Refreshments after the race at the finish line,
- SMS with final time to the phone number provided during online registration,
- Changing room access,
- Personal belongings storage,
- Online diploma download after the race,
- Event photos,
- Participant medal.

Paid entry fees are non-refundable. In case of withdrawal by 15.04.2024, the participant has the option to use the entry fee for the next year's edition. After completing the registration form, the system will offer payment by card or online transfer. After successful payment, you will receive a payment confirmation via email.

Height of the entry fee depends on the payment date (day) rather than the registration date. We recommend using online payment through the registration system for immediate verification of successful registration on the event's website (start list).

Presentation and Race Number Collection:

On Friday 17.05.2024 and Saturday 18.05.2024 from 12:00 to 18:00 in Zakopane

Non-participation Notification – Participant Exchange:

Entry fees are not refunded. If a withdrawal is reported by 15.04.2024, the participant can use the entry fee for the next year's event. If a participant reports absence due to health reasons and provides a doctor's note from 16.04.2024 to 17.05.2024, they also have the option to use the entry fee for the next year's event.

If you cannot participate and want to transfer your race number to another participant, send an email to [registracia@becool.sk](mailto:registracia@becool.sk) no later than 15.04.2024. The originally registered person must contact us and provide all the details of the new participant. The new participant receives and confirms the race package. After receiving the race package, re-registration is not possible.

Pre-registration from April 16, 2024, until the day when the distribution of starter packs begins is subject to a fee of 5 euros, payable upon receipt of the starter pack or by bank transfer. The starting number is not transferable. If the organizer determines that a different

participant ran with the starting number assigned in the registration system, the runner will be disqualified.

**Insurance:**

All participants are required to have individual health insurance (standard health insurance covering the scope of any insurance company). The organizer is not responsible for property or health damage related to travel, stay, or participation in the event. Each participant starts at their own risk and is responsible for their health condition at the start and during the event. The organizer provides on-site medical and rescue services.

In the online registration form, you have the option to provide information about your health. The organizer will use this information only in case of participant health complications and the need for medical and rescue services intervention. If interested, please complete the information regarding your current health problem, illness, allergies, emergency contact person, or any other relevant information that may assist in providing medical assistance during or after the race. If any changes occur between registration and presentation, please notify the organizer during the presentation. Before the start, participants are advised to undergo a medical examination.

**Time Measurement:**

Time measurement is provided by the company VOS-TPK. The chip is an integral part of the starting number and will be provided during the presentation along with the starting number. After crossing the finish line, you do not need to return the chip; it remains as a souvenir with the starting number.

**Results:**

The organizer will immediately publish the results on the sportsoftiming.sk website after the event, and then on bratislavamarathon.sk. Participants will be classified according to the official time (time from the start signal to crossing the finish line). The results list will also include indicative information about the achieved net (unofficial) time.

**Rules:**

The competition follows the rules of the WA athletics competition and the provisions of this regulation. A participant may leave the course with the consent and under the supervision of a judge, provided they do not shorten the distance. A participant who consumes a meal outside the service area risks disqualification. Participants must immediately withdraw from participation at the main doctor's order. Any accompanying (including cycling) or assistance to a participant during the competition by other individuals, except for necessary medical intervention by a doctor appointed by the organizer, is considered unauthorized assistance.

The use of headphones during the race is prohibited, and the participant faces disqualification. This is dangerous due to the safety of runners and spectators, organizational directions, interventions, and instructions from organizers on the route during the race, the need to respond to the movement of accompanying vehicles, motorcycles, and organizer's bicycles, police, medical, and rescue services. In addition, it separates the participant from the atmosphere created by runners, spectators, and the accompanying program.

**Protests:**

Protests must be orally reported to the chief judge no later than 30 minutes after the results are published. An appeal against the chief judge's decision, submitted with a fee of €10, must be

submitted in writing to the jury no later than 30 minutes after the official announcement of the chief judge's decision.

**Material Prizes:**

The first three women and the first three men in the overall classification and according to age categories on the 5 km route will receive material prizes.

**Changing Rooms and Storage:** There is an opportunity to change and store personal items in the start and finish area in the technical zone.

**Toilets:** Mobile toilets will be placed near the start and finish in the technical zone.

**Health Service:** In the start and finish area, as well as along the race route, quick health and rescue services will be available.

**Warning:** Due to the nature of the race (running in the evening under artificial lighting), participants are advised to be cautious and use their own reflective elements. The use of headlamps is also recommended.

The organizer BE COOL, s.r.o. reserves the right to adjust and specify some of the data in these regulations, especially considering force majeure circumstances. Similarly, the organizer reserves the right to end the registration of participants due to reaching the limit of runners at the event or to allow more runners to start. The organizer also reserves the right to cancel or interrupt the event or any of its disciplines in the event of a serious threat, especially war, adverse weather conditions, changes in the current epidemiological situation, terrorism threat, or any other attack endangering the safety of event participants, or due to other unforeseen events and circumstances, such as orders and measures of the state, state and local authorities, and institutions.

In such a case, the runner does not have the right to a refund of the registration fee or any part of it, as the organizer has already incurred costs related to the preparation of the event before the moment of interruption/cancellation of the event. However, after considering all circumstances and estimating the costs associated with preparing the event, the organizer may consider the possibility of partially compensating the runner for the registration fee.

**Contact: BE COOL, s.r.o., Krajinská 37, 821 06 Bratislava, Slovak Republic**

**Phone: 00421/904 404 638, email: info@becool.sk**

**"We look forward to your arrival!"**

# EVENING RACE FOR CHILDREN - "NOCNIK"

Evening race for children - "NOCNIK"

Start: May 18, 2024 (Saturday) at 5:00 PM - Zakopane (in the local park next to the start/finish)

Children will start gradually according to age categories (from A to C), in approximately 10-minute time intervals, separately for boys and girls.

Participant limit: 1000 children

Length of the route and categories: - boys and girls

- A - up to 5 years (born in 2019 and younger) - 300 m
- B - 6 to 10 years (born in 2018 to 2014) - 600 m
- C - 11 to 15 years (born in 2013 to 2009) - 800 m

Entry fees depending on the payment date:

- when paid by March 30, 2024 – 25 PLN (5.7 €)
- when paid from April 15, 2024, to May 18, 2024 - 30 PLN (7.5 €)

The entry fee includes:

- starting number with name and chip (upon registration and after paying the entry fee until April 15, 2024),
- medal upon completing the route,
- post-race meal to the finish,
- photos from the event
- the possibility to download the diploma online after the race,

Registration, presentation of registered participants, receipt of starting numbers, and chips - the same information as for the main race.

Time measurement and results:

Only children who complete the entire route without significant help from parents will be entered into the results and awarded!

Awards:

The first 3 boys and the first 3 girls in each age category will receive material prizes.

In categories A and B, parents can participate in the race with their children. Parents always start independently or with their children at the end of each wave! We kindly ask parents to show respect primarily towards children running independently, as well as towards each other. Remember that your behavior and "fair play" attitude set an example.

-Children start according to individual categories A to C,

- Girls always start first, followed by boys, 2 starts/waves within each category),

Since even children's starting numbers contain a chip!!!, which records the time of each child from crossing the starting mat to crossing the finish line, it is necessary for children to go through both the start and finish independently; otherwise, their time will not be recorded, and the child will not be included in the results!!!

We warn parents that due to staggered starts and the fact that the start time of children will be evaluated within the respective wave, the so-called "gun time wave," it may happen that the overall winner of a given category will be any child with the shortest time, regardless of which wave they start in. Podium rankings and awards can only be given to children who complete the entire route without significant help from parents!!! (Carrying or pulling children by hand is prohibited – the child will not be disqualified but will not be evaluated in the rankings of the best, who will be rewarded).

The organizer will publish the results list on [bratislavamarathon.sk](http://bratislavamarathon.sk) after the event so that each child can download an online diploma confirming their participation in children's races.

**The organizer BE COOL, s.r.o. reserves the right to adjust and specify some of the information in these proposals or organizational regulations depending on the circumstances.**

The organizer BE COOL, s.r.o. also reserves the right to cancel or interrupt the event or any of its disciplines in case of a serious threat, especially war, adverse weather conditions, terrorism threat, or any other attack endangering the safety of event participants or due to other unforeseen events and circumstances.

In such a case, the runner does not have the right to a refund of the registration fee or any part of it, as the organizer has already incurred costs related to the preparation of the event before the moment of interruption/cancellation of the event. However, after considering all circumstances and estimating the costs associated with preparing the event, the organizer may compensate the runner partially for the registration fee.

**Contact: BE COOL, s.r.o., Krajinská 37, 821 06 Bratislava, Slovakia**

**We look forward to your presence!!!**